

Counseling children in drug and substance abuse within the primary schools of Korogocho slums of Nairobi East lands



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Overview

- ◆ **5 key schools In Korogocho and Kariobangi.**
- ◆ **4 public schools (1) complementary School.**
- ◆ **Respondents from respective schools in drug rehabilitation support groups.**
- ◆ **Teachers in charge of guidance and counseling from respective schools.**

Findings

- ◆ **Qualitative and quantitative research.**
- ◆ **Small groups ; focused group discussions.**
- ◆ **Focused on interviews , one on one counseling , questionnaires.**
- ◆ **Continuous education sessions on behavior formation and behavior change process .**

Lessons Learnt

- ◆ **Pupils abused drugs as a rescue from violent acts at their respective homes.**
- ◆ **Parental guidance ; neglect by parents and rejection.**
- ◆ **Lack of counseling facilities in slum areas . Poor structure for counseling.**
- ◆ **Environmental factors that exhibit violence and exposure to drugs .**

According to the (National goals of education) , Education in Kenya must prepare the children for the changes in attitude and relationships which are necessary for the Smooth process of a rapidly developing modern economy. There is bound to be a Silent social revolution following in the wake of rapid modernization. Education should assist our youth to adapt to this change, “clause (2) (a) National syllabus – on goals of education.

Interventions

- ◆ Needs assessments ; Baseline Survey on pupils abusing drugs - disseminated report E.F.L Offices.
- ◆ Formation of group Therapeutic sessions.
- ◆ Formed a network of programmes targeting drug abusers within slums of Korogocho .

- ◆ Developed a 5 year strategic plan to address drugs abusers rehabilitation.
- ◆ Develop a referral system with organizations dealing specifically with drugs .

Way forward-Suggestions

- ◆ Educationists and psychologists to sensitize parents in the slum areas on parenting Courses particularly due to the vulnerable environment .
- ◆ Counselors to move their competency and skills to the slums areas especially on self-esteem and withstanding pressures.
- ◆ Continuous and consistency counseling support for pupils and students in schools.

Acknowledgement



- ◆ Education For Life (Kariobangi office).
- ◆ 12 members of the group therapy .
- ◆ Conscious living (Martine Kappel).

*Thank you for
Participating*